



# SONGS IN PARADISE COOK ISLANDS

Hosted by Rodney Vincent & Lucky Starr  
16 - 24 August 2024 ex MEL/SYD

You are invited to join Rodney Vincent and Lucky Starr on this trip of a lifetime. Discover the untouched beauty, culture and charm of the Cook Islands...matched only by the friendliness of her people. Experience the colourful local culture, swim in crystal clear tropical waters, enjoy delicious local cuisine and insightful entertaining tours. With much to see and plenty of laughs along the way, we hope you can join Rodney & Lucky on this fabulous tour, where they will entertain you in paradise. Book your place online or please call us for more details.

**\$4,829**  
\* per person Twin Share  
ex MEL

**\$4,319**  
\* per person Twin Share  
ex SYD

**\$1,195**  
\* Single Supplement



**INCLUSIONS**  
Return flight/taxes from Melbourne/Sydney to Rarotonga  
7 night's & early check-in at Edgewater Resort & Spa  
Daily breakfast, dinner & 3 lunches  
All touring and attractions as per the itinerary

**HIGHLIGHTS**  
Punanga Nui Markets  
Island Discovery tour  
Island Night & Show  
Primary School Visit  
Marine Discovery Centre  
Te Ara Museum  
Koka Lagoon Cruise  
Progressive Dinner  
Highland Paradise



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**TERMS & CONDITIONS:** \*All prices quoted are per person twin share. Single supplement applies. Credit card surcharges apply. A non-refundable deposit of \$500 per person is required to secure the tour. This tour is subject to minimum numbers being reached. Prices are subject to change due to fluctuation of exchange rate, surcharges and taxes. The itinerary is subject to change due to unforeseen circumstances. Prices are correct as at 17 October 2023. Final payment is due 7 June 2024. Travel insurance is highly recommended. Norfolk Select T/A Go See Touring ABN: 93367 366 822 ATAS Accreditation No: A10619

**Day 1 Friday 16 August** **Depart Melbourne 2.30pm / Arrive Sydney 3.55pm** [B/D]

**Depart Sydney 9.30pm / Arrive Rarotonga 7.00am / Resort Orientation / Welcome Drinks & Dinner**

Welcome to the start of your tropical holiday. Meet Rodney Vincent at Melbourne International Airport, Departures Hall. Depart on Jetstar and arrive in Sydney. Those traveling with Lucky Starr, meet at Sydney International Airport, Departures Hall. Departing on Jetstar at 9.30pm, crossing the international date line, arrive Rarotonga at 7.00am. Kia Orana & welcome to the Cook Islands! Upon arrival into Rarotonga, we go through Customs and are greeted by a representative from Edgewater Resort and transferred to the resort, our home for the duration of our holiday. This afternoon there will be an orientation of the resort where you will be introduced to the activities staff and features available to you throughout your stay at the resort and on the island. Late afternoon Rodney & Lucky will entertain us in the Heta Hut by the pool, whilst enjoying welcome cocktails (Drinks are at own expense) at Sunset, before dinner at the Spaghetti House this evening.

**Day 2 Saturday 17 August** **Punanga Nui Market / Poolside Drinks / Edgewater Island Night Feast & Show** [B/L/D]

Enjoy tropical buffet breakfast this morning, before visiting Rarotonga's Punanga Nui Market. These vibrant markets offer a wide range of island gifts and handicrafts, black pearls, pearl shell, jewellery, pareu fabrics, clothing, local music and fresh local produce. Later enjoy an early lunch at The Lazy Trout before returning to our resort. This afternoon we join the activities staff and participate in a fun weaving class where we will make our own head ei (flower crown) and / or neck ei. Meet at Mal's Bar at 5.00pm for happy hour drinks (Drinks at own expense). Tonight, enjoy the fantastic in-house Polynesian Island Night & Show, including a sumptuous feast!

**Day 3 Sunday 18 August** **Rarotonga's Churches / Te Ara Museum / BBQ Under the Stars** [B/D]

Sunday is church day, when everything stops in Raro. We travel south to the village of Titikavaka to attend a church service at their Cook Islands Christian Church. Here we'll enjoy a wonderful experience! Hear the locals raise the roof with their renowned beautiful, spine-tingling singing! After the service, we join church members for a morning tea. Next we visit the Te Ara Museum, where we will see the world-class exhibition of the history of the Cook Islands with an environmental focus on ocean conservation. Lunch and the remainder of the afternoon are at leisure. Tonight, we indulge in a BBQ under the stars with resident band Ru and the Boys and special appearances by your hosts Rodney & Lucky.

**Day 4 Monday 19 August** **Island Discovery Tour / Local Primary School / Progressive Dinner** [B/LR/D]

After breakfast this morning we embark on our Island Discovery Tour. This is an excellent introduction to the Cook Islands, and provides information on the country's history and culture, stopping along the way at fascinating historical and ceremonial sites. Light refreshments included on tour. Next, enjoy a visit to one of the islands local primary schools. Meet the students and spend some time with them and enjoy light refreshments. The remainder of today is at leisure. Tonight, we enjoy a special Progressive Dinner, where we will visit some local homes. We leave the familiar surrounds of our resort and venture out to the villages to experience true Cook Islands cuisine, hospitality and the real spirit of culture and lifestyle when you visit the locals in their homes! This 5-hour wine and dining experience takes visitors through three island style homes where you feel the magic of meeting 3-4 generations under one roof. Revel in the stories of old, and the dreams and aspirations of Cook Islanders as they map out their young lives.

**Day 5 Tuesday 20 August** **Koka Lagoon Cruise / Optional Aitutaki Day Tour / Island BBQ** [B/L/D]

This morning is a very special treat in store! We join "Koka Lagoon Cruise" on the world-famous Muri Lagoon. This is undoubtedly the best way to discover the magnificent protected lagoon of Rarotonga. Join the fun, professional crew on board a glass bottom boat and cruise around the world-renown Muri Lagoon to the inner reef area to view the varieties of tropical marine life. If you wish to swim, wear your bathers underneath your clothes today, and pack your hat, sunscreen and towel! A sumptuous BBQ lunch is provided, with lots of fun guaranteed today! Return approximately 3.00pm. Later this afternoon, Rodney & Lucky will take to their mics in the Umu Hut, before tonight, enjoying a BBQ Buffet night at our resort.

**Aitutaki Day Tour Upgrade Option: 7.00am - 6.00pm (AUD \$625.00 per person)**

This morning after a very early breakfast, we depart for our Aitutaki Day Tour. This is a full day excursion that features one of the most beautiful lagoons in the world. It's an early start of 7am, where we will be transferred to the airport for the short 45-minute flight across to Aitutaki. After landing, we will be met by our guide and taken on a tour of the island, visiting the main township of Arutanga, the marketplace and the inland villages of Tautu and Vaipae. Then it's on to the pier to board our 21-metre catamaran. The slow cruise across the lagoon to the top reef will take us past many of the offshore motus and sandbars that are permanently raised above the high tide mark. A beautiful BBQ lunch is included. Return around 6.00pm.

**Day 6 Wednesday 21 August** **Highland Paradise** [B/L/D]

This morning we visit the very special Highland Paradise, situated high up in the rugged volcanic and beautiful mountains of Rarotonga. This fascinating "open air museum" boasts spectacular views and showcases evidence of a historical lost village and survival of the Polynesian people. This is a truly authentic experience situated on Raro's most sacred mountain! Learn about the intellectual know-how of the early signs of astrology to the barbaric rocks of sacrifice, including the navigational stones used to guide the 'vakas' to Aotearoa (*New Zealand*). Meander through the gardens with our guide, who points out medicinal and ritual plants. Light refreshments provided for lunch before returning to our resort. This afternoon is at leisure before we return up the mountain to Highland Paradise to enjoy an evening of unique and truly authentic cultural entertainment and feasting ... prepare yourself for an evening of true Cook Islands exhilarating dance!

**Day 7 Thursday 22 August** **Marine & Wildlife Centre / Farewell Dinner** [B/D]

We depart after breakfast to visit one of Rarotonga's newest must-see attractions, featuring live exhibits and interactive displays. Discover coconut crabs, astonishing stonefish, stunning aquarium fish, inspiring natural history, cinema and so much more in this unique Cook Island Marine and Wildlife Centre. This afternoon we return to our resort to freshen up before departing for our farewell dinner at Tamarind House, a popular local restaurant.

**Day 8 Friday 23 August** **Depart Rarotonga 9.00am** [B]

A very early morning breakfast is in order today, as we head to the airport for our Jetstar flight departing at 9.00am.

**Day 9 Saturday 24 August** **Arrive Sydney 12.30pm / Depart Sydney 4.00pm / Arrive Melbourne 5.35pm**

We cross back over the international date line, before arriving into Sydney at 12.30pm. After clearing customs and collecting our luggage, we say good-bye to Lucky and his group. For those traveling onto Melbourne with Rodney, we drop our bags off at the bag drop zone before catching the terminal shuttle to the Domestic Terminal. We depart on our Jetstar flight before arriving into Melbourne at 5.35pm. We say "Aere Ra e Kia Manuia" until you grace the shores of the beautiful Cook Islands again!!!

KEY: B = Breakfast, L = Lunch, D = Dinner, LR = Light Refreshments